

Sports Pharmacist System



JADA on Innovation.

“JADA Evolving” – Innovative thinking

- JADA looks to the edge of effective delivery of anti-doping program
- Enhanced education program is a priority
- Best use of professions for better outcome
- Strengthened partnerships domestically and globally



Why “Sports Pharmacist” - Background

- Most of Anti-Doping Rule Violations (ADRVs) in Japan are unintentional ingestion of prohibited substances – if an athlete had had an appropriate information, it would have been possible to prevent her/him from ADRV.
- As per a ‘strict liability rule’, it is the athlete’s responsibility for taking anything that she/he takes into her/his body. However, it would be difficult to ensure to eliminate all the possibilities of prohibited substances from entering in the athletes’ bodies.
- As nutritional supplements or over-the-counter drugs widely become available, it is claimed that there would be more ‘potential’ dangers for the athletes.
- JADA examined all the past ADRV cases and the current and future developments of supplements market; it recognised the urgent necessity to enhance a program which the athletes can access to an expert knowledge and information anywhere, at any time.



“Sports Pharmacist”, Education - Objectives

- To create an environment where the athletes can feel safe in training and competing
- To prevent athletes from unnecessary inadvertent positive cases
- To ensure athletes accessing the professionals with the appropriate knowledge on prohibited substances and anti-doping regulations
- To strengthen the anti-doping movement
- To develop leaders to promote anti-doping activity
- **The ultimate goal – “One Sports Pharmacist, At Any Local Pharmacy – anytime, anywhere in Japan”**



“Sports Pharmacist System”

- JADA launched the “Sports Pharmacists System” in partnership with the Japan Pharmaceutical Association in 2009.
- The Sports Pharmacist System is to certify the qualified pharmacists who are trained to have accurate knowledge in anti-doping and who can provide the appropriate information on medicine and the effects of drugs on health.
- Those certified pharmacists are also expected to provide anti-doping education program to the athletes particularly from the pharmaceutical perspective.



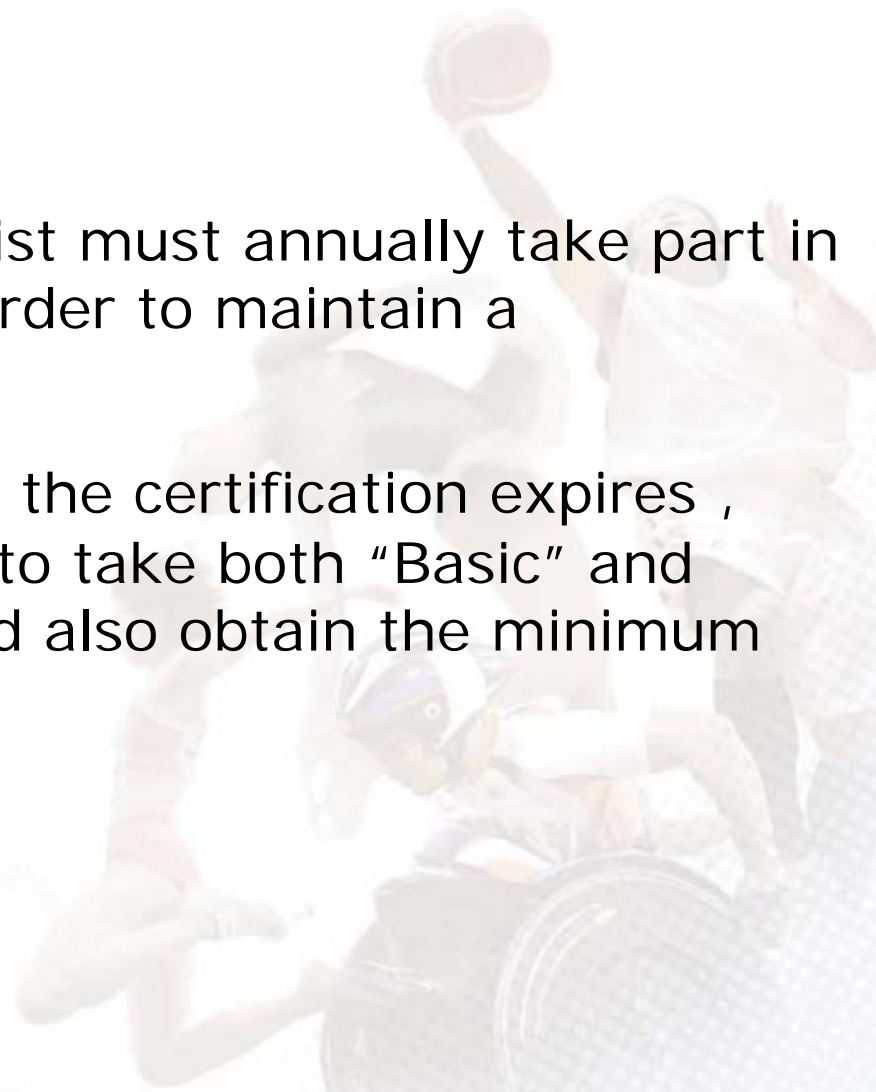
Eligibility for Sports Pharmacist

- A fully-qualified and licensed pharmacist
- No age restriction
- The applicants should complete both “Basic” and “Practical” courses delivered by JADA and obtain the required minimum score in the exam
- Required for annual seminar course and recertification



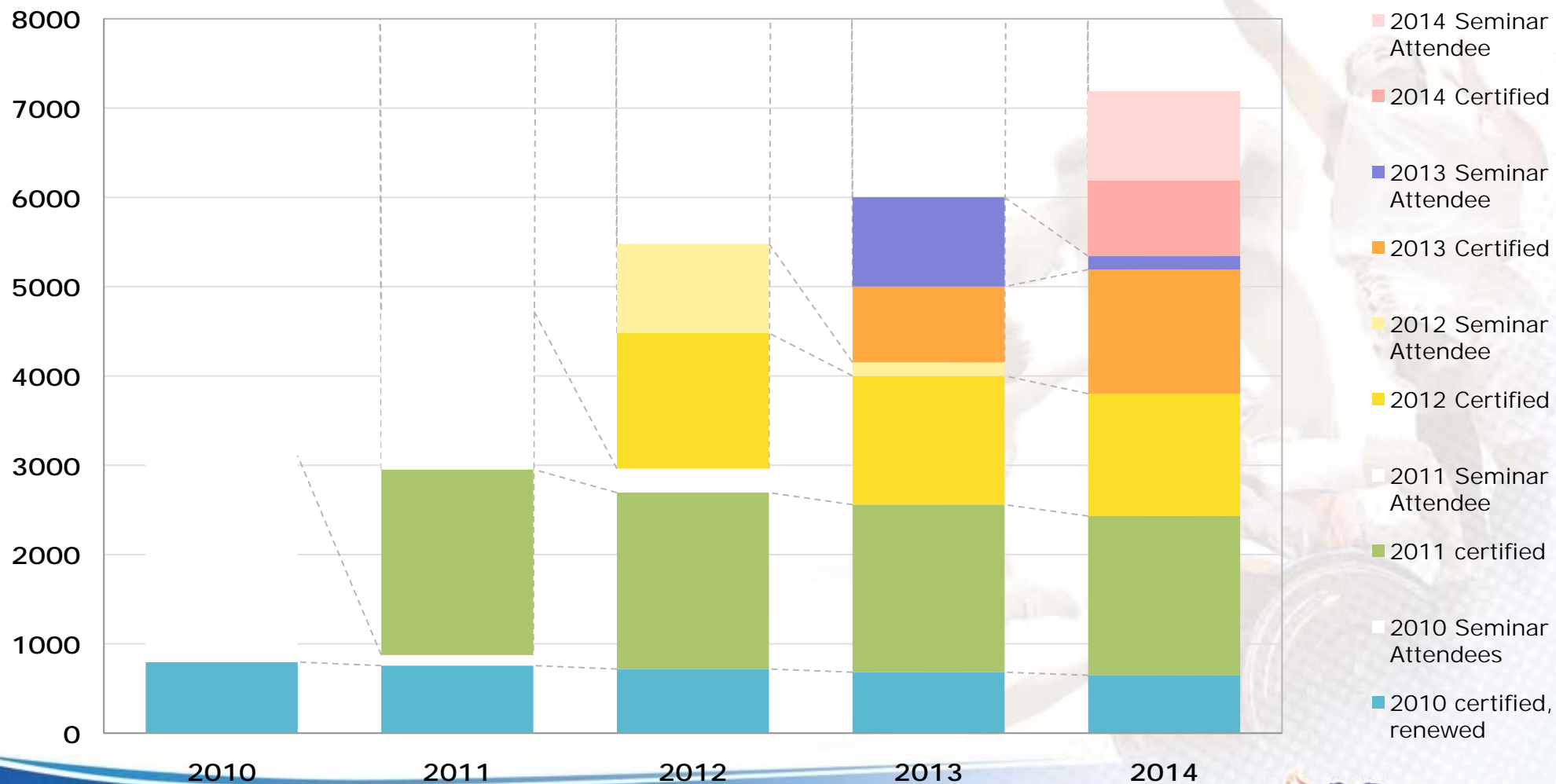
Certification Program

- The qualified Sports Pharmacist must annually take part in a practical lecture course in order to maintain a certification.
- Certification renewal – Before the certification expires , the Sports Pharmacists need to take both “Basic” and “Practical” lecture courses and also obtain the minimum score in the examination.





Number of Pharmacists taking Seminar Lectures (2010-14)





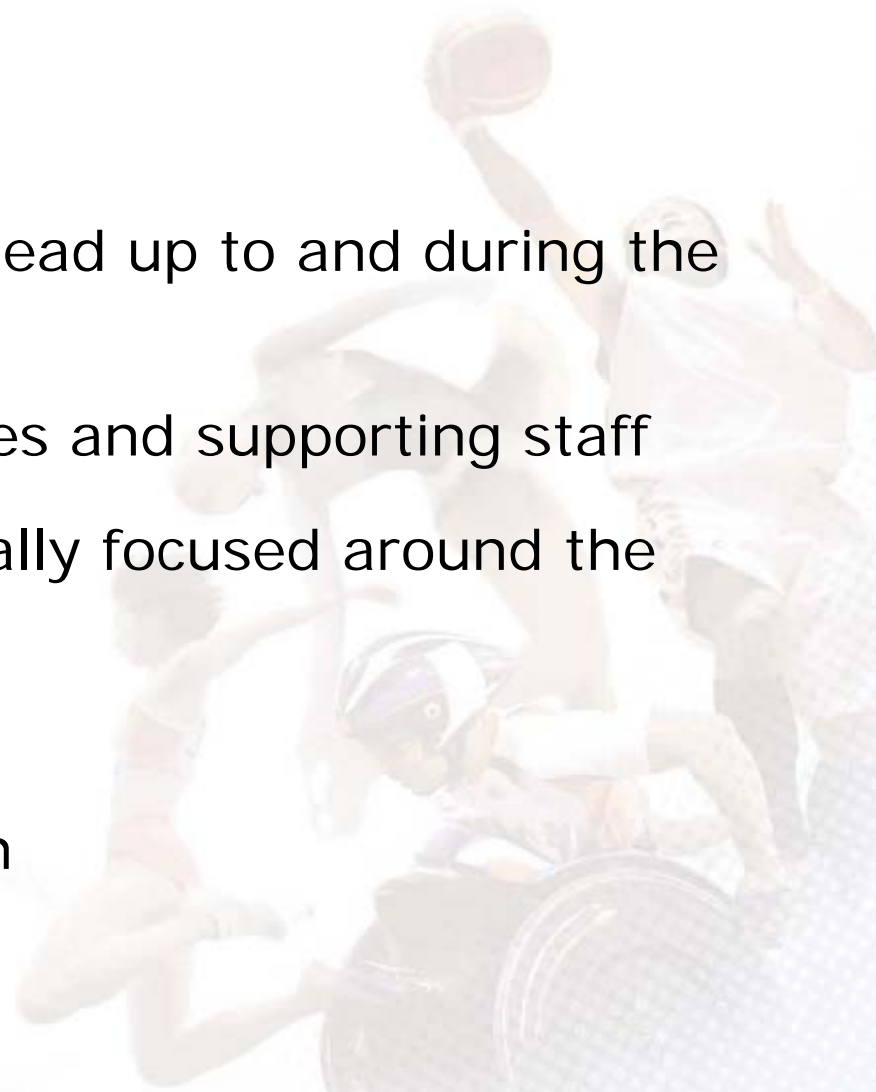
HOW SP Works: Full accessibility

- Available for 24hrs, either via Telephone, Fax or Email
- At local drug store/pharmacist across Japan – face-to-face accessibility to the knowledge of prohibited substances and anti-doping regulations
- Web searching system on JADA web site allows anyone to look for the closest Sports Pharmacists
- One athlete, One Sports Pharmacists:
Around 5,000 tests conducted by JADA – 5,000 certified Sports Pharmacists available in 2012



SPs especially targeted for:

- Prefectural delegations in the lead up to and during the National Sports Festival
- Top-level elite athletes, coaches and supporting staff
- Students and schools - especially focused around the appropriate medicine
- Also, the Public via web search





“Sports Pharmacist System” - Advantages

- Managed by JADA in partnership with the Japan Pharmaceutical Association
- All JADA's information is provided to all 47 of the Prefectural Pharmaceutical Association by the Japan Pharmaceutical Association – this makes possible to make the information and message accessible for the athletes
- Increased trust and knowledge of athletes in anti-doping and Prohibited List Possible
- Possible to engage with the athletes to understand their needs
- Athletes can have face-to-face conversation at the hospital, pharmacy or drug store across Japan
- Since the certification is publicly recognised, the quality and standard can be sustained and consistency in information can be managed.

For the future

Accessible education materials

- Ensuring the structure in place for ensuring the quality of Sports Pharmacists
- Effectively combining with education programs and materials
- Enhanced communications – structurally disseminate information on Sports Pharmacists across Japan

The screenshot shows the WADA website interface. At the top left is the WADA logo with the tagline 'play true'. To the right, there are links for '他のリンク' (Other Links) including 'News (英語のみ)', 'コンタクト先 (英語のみ)', and '地域事務所 (英語のみ)'. Below this is a green navigation bar with '2012 禁止表' (2012 Prohibited List) and a search bar. The main content area is divided into several sections:

- Navigation:** Home, Search, Japanese.
- 2012 禁止表 (2012 Prohibited List):**
 - 常に禁止されるもの (競技会 (時) および競技会外)
 - 競技会 (時) に禁止されるもの
 - 特定競技において禁止されるもの
 - 物質方法
 - リンク
 - 2012年禁止表についての啓蒙
 - 禁止表 (英語のみ) (PDF)
 - Q&A (英語のみ)
 - 監視プログラム (英語のみ)
 - その他啓蒙
 - 世界ドーピング防止規程 (英語のみ)
 - 国際基準 (英語のみ)
 - 資料 (英語のみ)
- 禁止表 (Prohibited List):**
 - 禁止表とは、世界ドーピング防止規程において登録となるものであり、調和を可能とする重要な構成要素です。
 - 禁止表は世界ドーピング防止機構によって実施される諮問過程を経て毎年更新されます。
 - 2012年禁止表は2012年1月1日から2012年12月31日まで有効です。
 - 禁止表とは何でしょうか？
 - 禁止表はどのように更新されるのでしょうか？
 - 禁止表専門家グループの役割は何でしょうか？
 - 禁止表修正の作業工程はどのようになっていますか？
- 世界ドーピング防止機構について (About WADA):**
 - 世界ドーピング防止機構の使命は、ドーピングの無いスポーツ界の実現に向け、協働して世界規模の活動を推進することです。



Ultimate Goal

- One Sports Pharmacist at any corner of the local pharmacy**
- anytime, anywhere in Japan for Play True, clean sport**

In partnership with



**WORLD
ANTI-DOPING
AGENCY**

play true



10th Anniversary
JADA PLAY TRUE
Japan Anti-Doping Agency

Next 10 years and more...